

SMILTENES PILSĒTAS BJSS TRENĪŅU NODRABĪBU GRAFIKS 2023./2024.m.g.

Sporta veids	Treneris	Grupas kvalifikācija	Nodarbību norises vieta	Pirmd.	Otrd.	Trešd.	Ceturtd.	Piektd.	Sestd.
Basketbols	Andris Jaunzems	MT-3	Sporta sk. / Halle	14:40-16:40	14:40-16:00		14:40-16:00	14:40-16:00	10:00-12:00
		MT-4	Sporta sk. / Halle	16:40-18:40	16:20-17:40		16:00-18:00	16:20-17:40	12:00-14:00
		SMP-2	Halle		17:40-19:40		19:00-21:00	18:00-20:40	14:00-16:40
	Aleksis Eduards Brālītis	MT-1	Halle/ Tehnikuma z./ Sporta sk.z.		14:10-15:30		14:40-15:30	13:10-14:30	13:30-11:50
		MT-4	Halle/ Tehnikuma z./ Sporta sk.z.						12:00-14:20
		MT-5	Halle/ Tehnikuma z./ Sporta sk.z.		15:30-17:30	15:30-17:30	15:30-17:30	14:30-16:30	14:20-16:20
		MT-7	Halle				12:50-14:10		
		SMP-3	Halle		17:40-19:40		19:00-19:40		
	Ivars Joksts	SMP-2	Halle	19:00-21:00		19:00-21:00			
Ritenbraukšana	Agnis Apse	MT-2	Apvidus/Sporta sk./Šoseja				14:20-15:40		16:20-18:20
		MT-5	Apvidus/Sporta sk./Šoseja		13:40-16:20			13:40-16:20	
		SMP-1	Apvidus/Sporta sk./Šoseja		16:20-19:00	15:40-18:20		16:20-18:20	
		SMP-3	Apvidus/Sporta sk./Šoseja	15:40-18:20			15:40-19:00		15:40-19:00
	Kate Alisija Apse	MT-2	Apvidus/Sporta sk./Šoseja	14:20-15:40	14:20-16:20				
		MT-5	Apvidus/Sporta sk./Šoseja				15:40-18:20		13:40-15:40
		SMP-1	Apvidus/Sporta sk./Šoseja	15:40-18:20					15:40-19:00
		SMP-3	Apvidus/Sporta sk./Šoseja			15:40-18:20		15:40-17:40	
BMX	Ģirts Kātiņš	SMP-1	BMX trase/Sporta halle		16:20-19:40	16:20-19:40	16:20-19:40	16:20-19:40	
	Renārs Auga	SSG	BMX trase/mežs		18:20-19:40		18:20-19:40	18:20-19:40	
		MT-2	BMX trase/mežs	17:00-18:20	15:00-17:00		16:20-18:20		
		MT-4	BMX trase/mežs	14:20-16:20		17:00-19:00			15:00-18:20
Orientēšanās sports	Liene Brūvele	MT-4	Apvidus/Halle		14:00-16:00	14:00-16:00	14:00-16:00		14:00-16:40
		SMP-2	Apvidus/Halle	18:00-18:40	16:40-18:00	16:00-18:00		15:20-17:20	16:40-18:00
		ASM	Apvidus/Halle	17:20-18:00	18:00-20:00	18:00-20:00	18:00-20:00	17:20-18:40	18:00-19:20
	Kaspars Radziņš	SMP-2	Apvidus/Halle	16:00-18:00	18:00-19:20	18:00-18:40		17:20-18:40	15:20-16:40
		ASM	Apvidus/Halle	18:00-20:00	17:20-18:00	17:20-18:00		18:40-20:00	16:40-18:00
	Māris Stabiņš	SSG	Skolas apkārtnē/zāle	14:00-15:20	14:00-14:40	14:00-15:20			13:50-14:30
		MT-4	Skolas apkārtnē/zāle	15:20-16:00	14:40-16:00	15:20-17:20	14:40-16:00	14:00-15:20	11:50-13:50
		SMP-1	Skolas apkārtnē/zāle	16:00-18:00	16:00-18:00	17:20-19:20	16:00-18:00	16:00-18:00	10:00-11:20 / 16:00-18:00

Sporta veids	Treneris	Grupas kvalifikācija	Nodarbību norises vieta	Pirmtd.	Otrd.	Trešd.	Ceturtd.	Piektd.	Sestd.
Futbols	Jānis Dergačs	MT-4	Sp.k.Teperis	15:00-17:00	15:40-17:00	15:00-17:00	15:40-17:00	15:00-17:00	
		MT-7	Sp.k.Teperis	17:00-19:00	17:00-19:40	17:00-19:00	17:00-19:40	17:00-19:00	
	Jānis Augstkalns	SSG	Sp.k.Teperis/Trīs pakalnu z				17:30-18:30	14:30-16:00	
		MT-1	Sp.k.Teperis/Trīs pakalnu z	14:00-15:00	14:00-15:00	13:40-15:00			
		MT-3/2	Sp.k.Teperis/Trīs pakalnu z	15:30-17:00	17:00-19:00	17:00-19:00			
		MT-7/2	Sp.k.Teperis			19:00-19:40			
		SMP-1/2	Sp.k.Teperis						16:20-18:20
	Raimonds Dūmiņš	MT-7/1	Sp.k.Teperis	15:00-17:00	14:20-17:00	15:00-17:00	15:00-17:00	15:00-17:00	13:00-15:00
		MT-7/2	Sp.k.Teperis	17:40-19:00	17:40-19:40	17:40-19:00	17:40-19:00	17:40-19:00	15:00-17:00
	Mārtiņš Veģeris	SMP-1/1	Sp.k.Teperis	15:00-17:40	15:00-17:00	15:00-17:40	15:00-17:40	15:00-17:40	13:00-15:40
		SMP-1/2	Sp.k.Teperis	17:40-19:40	17:00-17:40	17:40-19:40	17:40-19:40	17:40-19:40	15:40-16:20
	Edgars Jansons	MT-2	Sp.k.Teperis/Trīs pakalnu z	14:00-15:20			13:00-15:00	13:00-15:00	
		MT-3/1	Sp.k.Teperis/Trīs pakalnu z	15:20-16:50	15:00-17:00		15:00-17:00	15:00-17:00	
		MT-5	Sp.k.Teperis/Trīs pakalnu z		17:00-19:40	13:00-15:00	17:00-19:40	17:00-19:40	
Vieglatlētika	Sindija Grēna	MT-7	Sporta halle/stadions/Pilskalns	15:00-17:00		15:00-17:00		15:00-17:00	
		SMP-1	Sporta halle/stadions/Pilskalns	17:00-19:00		17:00-19:00		17:00-19:00	
	Guntars Markss	MT-1	Sporta halle	14:15-15:45				14:15-15:45	11:00-13:00
	Edgars Matuks	SSG	Stadions/Mežs	15:30-17:00			13:30-15:00		
		MT-2	Stadions/Mežs		15:00-16:30	14:00-15:30		14:00-15:30	
		MT-5	Stadions/Mežs	18:30-20:00		15:30-17:00		15:30-17:00	09:30-12:00
	Aija Latika	MT-2	Apes sporta kompleksa z.	15:00-16:20	15:00-16:20		15:00-16:20	14:30-15:30	13:00-13:40
		MT-6	Apes sporta kompleksa z.	16:30-18:30	16:30-18:30		16:30-18:30	15:30-16:50	13:40-17:00

Sporta veids	Treneris	Grupas kvalifikācija	Nodarbību norises vieta	Pirmtd.	Otrd.	Trešd.	Ceturtd.	Piektd.	Sestd.
Volejbols	Gita Brālēna	MT-2	Sporta halle/Sporta sk.	13:00-15:00		13:00-15:00	13:00-15:00		
		MT-3	Sporta halle/Sporta sk.	15:00-16:20	13:40-15:40	15:00-17:00	15:00-17:00		
		MT-7 m	Sporta halle/Sporta sk.	17:40-19:40	17:00-17:40	18:20-19:40	18:20-19:40	16:20-17:00	
		MT-7 z	Sporta halle/Sporta sk.	16:20-17:40	15:40-17:00	17:00-18:20	17:00-18:20	17:00-17:40	
	Elvis Markss	MT-7 m	Sporta sk.		15:00-17:00		17:00-19:00	17:00-19:40	15:00-17:00
		MT-7 z	Sporta sk.		17:00-19:00			14:20-17:00	13:00-15:00